

TODAYS LESSON

Title: Defining Youth

Success Criteria:

- I can define youth as a stage of the lifespan

DEFINING YOUTH

Youth is a period of time in a persons life that sees them transform from childhood to adulthood.

MAJOR DEVELOPMENT STAGES

Youth is a time of rapid growth

Physically: onset of puberty

Socially: prepare for employment, financial independence from parents and family

Emotionally: detachment from parents and gaining a sense of identity. Shift from family to peer relationships.

Intellectually: More advance reasoning abilities, entertain hypotheses, weigh possibilities, see perspectives of others

EARLY YOUTH

12 – 14 years

- Increase vocabulary to 40 000 words
- Choose friends based on common interest, rather than parent selection
- Begin the process of sexual maturation, both physically and emotionally.
- Become more interested in community goals – service to others
- Physically begin to develop the size and shape of an adult

MIDDLE YOUTH

15 – 16 years

- Conduct increasing future planning
- Experience further sexual maturation and explore issues of sexual identity
- Tends to rely increasingly on similarity of values and shared interest to form friendships
- Spends majority of time with friends, less time with parents
- Refine interest and abilities, gain skills in one or more activities

LATE YOUTH

17 to 18 years

- Become occupied with thinking about the future, explore more long term relationships
- Less self-consciousness about their bodies
- More independent and more self-reliant and less influenced by peer groups
- Develop adult thinking capacity

DEFINE YOUTH

What does Youth mean to you?

Develop a mind map of your understanding of youth experiences

Ensure you think of all the Physical, Social, Emotional and Intellectual developments

Include pictures of some examples of the relevant milestones

PHYSICAL DEVELOPMENT

Youth is a time of rapid development

The average youth will end this lifespan stage by being physically capable of reproduction; being seen as an adult in the eyes of the law; finishing compulsory education; being legally allowed to drink alcohol, drive, vote or join the army; and by making many other decisions for themselves.

ACTIVITY

Get this chart from the HandHD workspace or copy into your books

	MALE	FEMALE
Physical	Penis grows. Bigger muscles, broader shoulders, pubic and facial hair,	Breast grows, wider hips, grow breasts, pubic hair, menstrual cycle starts
Emotional	Sexual thoughts	Moody,
Social	Spend more time with peers, explore identity	Spend more time with peers, Explore identity
Intellectual	Reasoning	Reasoning

RAGING TEENS

During the documentary on Puberty fill in the chart you just created

